



The Freedom Factor: Finding Peace by Forgiving Others . . . and Yourself
by Dr. Bruce Wilkinson with Mark E. Strong

What Early Readers Are Saying

“*The Freedom Factor* is vintage Wilkinson—my favorite since his life changing book, *Secrets of the Vine*. This is a book that will motivate a reader to forgive, as well as show them how.” –Eric

“The unfortunate beauty of this book is that everyone is in dire need of it, whether they know it or not. Forgiveness is not a choice, nor is it a luxury; it is an imperative. We cannot hope to live in peace and freedom unless we learn how to forgive others and ourselves in the once-and-for-all manner that Bruce describes so well.” –Alan

“This book will produce enormous life change in anyone with an open heart to the invitation God has for them—freedom.” –Jennifer

“I did not realize how much weight I was lugging around on my back, pretending it wasn’t there, until I read this book. Unforgiveness is carrying around a backpack of varying weights of painful hurts and brokenness, making life harder and heavier. Reading this book, helped me unload the unforgiving weight I was under, one painful hurt after another. I think regularly now about forgiveness, and take personal stock whether I’m allowing any unforgiveness to creep back into my life’s backpack.” –Debbie

“This could be the catalyst for a revival. Christ’s church is soaking in bitterness, anger and resentment. A fantastic book that must be widely read.” –David

“After reading this the first time, I marked the calendar for a ‘Forgiveness Retreat’ to reread and follow its directions to a tee. Would I recommend this book to others? YES! I think this is a valuable book. A life changer. A culture changer.” –Ken

“I thought I was a good student of forgiveness, but the insights presented by Dr. Wilkinson have caused me to rethink what I believe. I see now that the forgiveness Jesus taught is intense and powerful. I put this book down weeks ago, but I’m still wrestling with what I read. And that’s a good thing.” –Mike

“Seeing a true picture of what forgiveness is versus what I thought it was is life-changing. I was inspired to forgive. This book can revolutionize the lives of Jesus’ followers.” –Penny

“As a perfectionist, the person that is sometimes hardest to forgive is myself. Dr. B did a great job helping me to realize that not forgiving myself for sin, or even mistakes, is ‘a well-disguised root of pride and arrogance deep in my soul’. His examples and steps for understanding and forgiving oneself have been life changing.” –Steve